



SBTC Committee Member Position Description

Training Co-ordinator

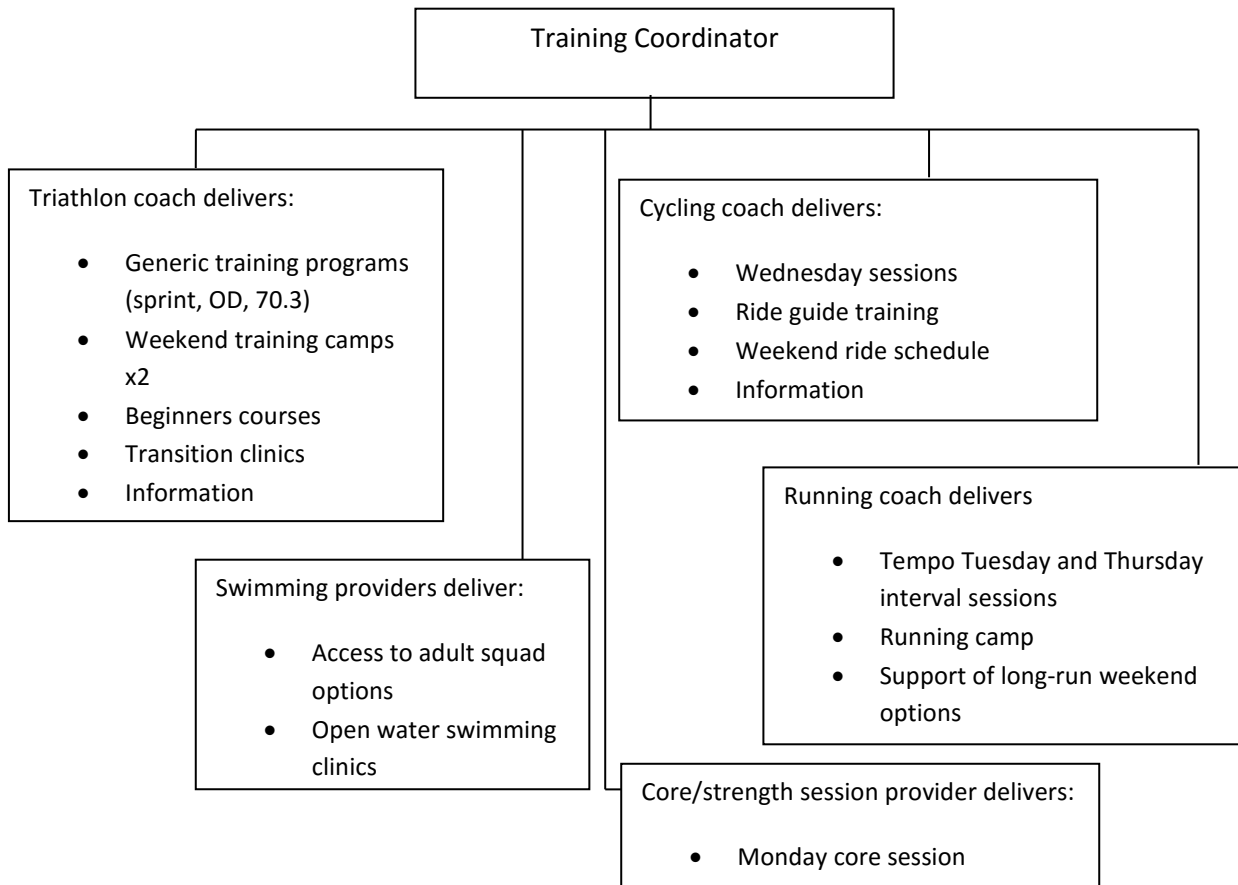
Role

To coordinate the provision of training sessions and related services delivered by accredited coaches, assistants coaches and volunteers or members.

Means of operation

The Training Co-ordinator is responsible for working with and managing on behalf of the Club, agreements with a range of coaching and training providers to ensure a coherent and aligned training program that meets the needs of the majority of the members. The Training Co-ordinator is not required to conduct any sessions and does not need to possess any coaching qualifications. The effectiveness this position is reliant upon their communication, organisation and planning skills. To ensure separation of delivery and to avoid conflict of interest concerns, it is preferable for the position to not be held by one of the Club's coaches

It would be helpful for the person in this position to attend sessions at least on a periodic basis to obtain first hand feedback from members, however daily attendance is not required.



- Ensure adequate swimming, cycling and running sessions/options are offered to members throughout the year. That is, work with the engaged accredited coaches to enable the delivery of the weekly standard training schedule which is supportive of members training needs and goals.
- Work with the coaches in relation to the club supported events to ensure that training sessions are aligned to the training schedule as much as possible to best prepare members
- Coordinate the formation of training groups for the implementation of the generic training groups for the club's 'A' races, as determined by the Committee. This is for the self management of the group once established
- Manage the agreements with the coaches, supported by the Committee. This includes the annual review and negotiation.
- Organise, with the cycling coach, training for the club's ride guides
- Work with the coaches to maintain up to date training schedule and events on the website, including session specific details to be posted a month in advance
- Work with the running coach in relation to the organisation and delivery of additional non-standard running sessions. For example, SBTC supports ParkRun and long runs, and like for the cycling coach.

- Liaise with Sommerville House (or other), in relation to the provision of suitable swimming squad services
- Organise the provision of open water swimming clinics at regular periods through the year by the club's preferred provider
- Support the Funky Friday co-ordinator in relation to the provision of the weekly ride, including an adequate roster of volunteer ride guides
- Work with the Triathlon coach in relation to organisation and provision of the transition clinics and training camps
- Prepare a 'training section' - typically a single paragraph for the media officer to include in the weekly email
- Work with the Triathlon coach in relation to support the transition of any beginner's into the main training group
- Source solutions for identified training deficits/additions (at the direction of the Committee).

Last updated: July 2017