

Not long til Noosa now 2011!

You can almost feel the anticipation building as SBTC set sights on their second official Noosa Triathlon Festival. IF you are a Noosa first-timer let us tell you that Noosa is about so much more than just the race on the Sunday! The events start on the Wednesday prior and attract in excess of 12000 athletes.

This year, the club will represent, congregate and party via the following way:

Saturday

630am – Pre Course ride.

Departing from: SBTC Marquee – Noosa Pde, Noosa Heads



It what will now be an Annual tradition, the SBTC King and Queen of the Mountains shall take the SBTC pre-race course ride. This year this will be **Chris Baker** and **Sarah Richmond**.

The ride we be a leisurely pace focused on road safety and a last minute check that your bike mechanics are running as smooth as clockwork. For those that want to bash it up the hill, go your hardest. But please be careful and keep an eye out for a group of us that will be on the hill tagging the living daylights out of it in Chalk and then praying it doesn't rain!!!!!!!!!!!!

If you would like to come earlier and help us Brand the Hill, we will be leaving at 6am.

4:40pm – Men's Crit at the Marquee

For those who have not had the pleasure of watching the Men's Crit DO NOT MISS IT.

A 50min + 3 lap race, last year the bunch averaged in excess of 50km/h for the entire race. Its with this type of quality that the Grand Prix event the Premier Crit in the country! Complete with Tour de France riders!

Adrian Booth, our Tuesday and Thursday night Tri Brick coach will again be racing this epic event and will be aiming to repeat if not surpass his stellar 8th place from last year. Make sure you come down and scream your lungs out for Boothy from out Marquee.

We will be providing free soft-drinks, water, etc for all who come by.



Sunday – Race Day

We don't do pre race dinners or anything like that as we know everyone has their own routine for such an event. Besides ... we know everyone is pacing themselves for our after party.

Support Crew are encouraged to band together and be loud in unison at our Marquee which will be right next to Laguna Real Estate on Noosa Parade. You get a great view of both the ride and run leg as well as the ample benefit of the shade!

Jessa Brierty is not racing this year and instead has offered her professionally training Masseuse hands to spend 10 mins on club members in need of a rub down post race. To avoid a que please don't leave it too long post race finish to seek Jessa's aid as the line will only continue to get longer as the day does as well.

Post race Party @ the Marquee

We here at SBTC make our own atmosphere and for that reason we have our parties back at the Marquee after the race. If you were at Mooloolaba you know we know how.

As well as putting on a Free BBQ feast on our new mega BBQ for all our SBTC Members and their support crews, we also make available \$2 Premium Beers (low-carb) to kid ourselves they are good for us and of course \$2 bubbles for those that forgo the beer.

This usually wraps up around 2pm where we then go on to either curl up in a ball, spend time with the families, or get ready for the official post race party and make the Sunday morning a distant memory.

Don't miss your chance to be coated in SBTC colours.

Please be sure to equip yourself with the club tattoos ahead of the race on Sunday. We will have the tattoos available at the Mens Crit races on the Saturday afternoon, so you can put them on Sunday morning.

These are free of course and we hope everyone will love to show their club pride!

We also have smaller one's for the kids as well. So be sure to get them looking like Mum and Dad and be covered in SBTC Colours!

2XU MEGA SALE @ the Sheraton Hotel Ballroom!

It's baaack! Our awesome sponsors and world leading Sport apparel provider 2XU are having another MEGA sale at the Sheraton Hotel. (See PDF Flyer attached!).



With some Triathlon clothing up to 80% off DO NOT kick yourself for not getting the best Triathlon gear possible at insane prices!

Be sure to swing by to Lou and Bill. Even just to give Lou a quick condolence hug whilst they try to feed the Triathlon mad crowds.

Sale runs from 8:00am to 6:00pm on both the Saturday and the Sunday!



Where will the SBTC Marquee be located?

The Marquee will be next to Laguna Real Estate office which is located at 1 Noosa Pde , Noosa Heads

Noosa Mens Cycling Grand Prix & Noosa Womens Cycling Grand Prix Sat 29th October 2011

Start (Blue box) **Finish** (Red box) **Check In** (Orange box) **Transition** (Dark blue box) **Lions Park** (Dark blue box) **SouthBank Tri Club** (Black box with red star)

Streets: Hastings St, Noosa Pde, Ravenwood Dr, Witta Cr, Noosa Dr, Bell St

Locations: Noosa Woods, Festival Village, Noosa River, Lions Park

NOOSA TRIATHLON
MULTI SPORT FESTIVAL
"its all good"

NOOSA MENS CYCLING GRAND PRIX Start Time: 4:40pm Duration: 45mins + 3 laps	NOOSA WOMENS CYCLING GRAND PRIX Start Time: 2:30pm Duration: 30mins + 3 laps
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2XU
HUMAN PERFORMANCE. MULTIPLIED.

TRIATHLON CLEARANCE SALE

UP TO 80% OFF SELECTED STOCK

VENUE:
NOOSA BALLROOM
SHERATON NOOSA RESORT & SPA
14-16 HASTINGS STREET
NOOSA HEADS

DATE AND TIME:
Saturday October 29, 2011
8:00am-6:00pm
Sunday October 30, 2011
8:00am-6:00pm

